

MUSIC AND MOVEMENT

When a child shares music and movement experiences he/she:

- ↳ feels part of a group
- ↳ could feel calm and relaxed with soothing music
- ↳ could be energized with lively music
- ↳ develops social skills by playing musical games requiring cooperation
- ↳ uses his/her body to express emotion
- ↳ improves large muscle skills, balance, and coordination
- ↳ strengthens small muscle skills through fingerplays and by playing instruments
- ↳ learns number concepts as he/she count the claps and stomps, or sings number songs
- ↳ creates patterns with the words he/she sings or chants
- ↳ develops listening skills, learns new words and practices following directions

You can help as a volunteer by:

- ↳ participating with children as they sing, dance, and play
- ↳ encouraging and praising the child for his/her efforts and successes as he/she learns the words and movements to new songs
- ↳ talking with children about how they are moving to music
- ↳ asking questions that call for movement. For example: "How many different ways can you move from the table to the chair?"
- ↳ encouraging children to listen carefully
- ↳ demonstrating how to play simple instruments

