

OUTDOOR AREA

When a child works in the Outdoor Area, he/she:

- ↳ learns how to use his/her body effectively.
- ↳ experiences joy in achieving a skill.
- ↳ finds fun and relaxation in bodily movement.
- ↳ learns the limitations of his/her body.
- ↳ learns safety and caution.
- ↳ learns to take turns and to share a piece of equipment.
- ↳ develops vocabulary words such as "over" and "under".
- ↳ gains experience using large muscles.
- ↳ represents experiences through dramatic play.
- ↳ observes and describes weather changes.
- ↳ explores the natural environment.

You can help as a volunteer by:

- ↳ joining the children in their play.
- ↳ teaching children to "pump" on the swings so that they can swing themselves.
- ↳ helping children remember the safety rules for the equipment and outdoors area.
- ↳ encouraging children to use words like "high" and "low", "fast" and "slow", "over" and "under", and "soft" and "hard".
- ↳ being the extra eyes that are needed to supervise children outside.

